

Table 3: Summary of Malnutrition Characteristics¹³

Type of Malnutrition	Acute Illness or Injury		Chronic Illness		Social or Environmental Circumstances	
	Nonsevere (moderate) malnutrition	Severe malnutrition	Nonsevere (moderate) malnutrition	Severe malnutrition	Nonsevere (moderate) malnutrition	Severe malnutrition
Degree of Malnutrition	Nonsevere (moderate) malnutrition	Severe malnutrition	Nonsevere (moderate) malnutrition	Severe malnutrition	Nonsevere (moderate) malnutrition	Severe malnutrition
Energy Intake	< 75% of estimated needs for > 7 days	≤ 50% of estimated needs for ≥ 5 days	< 75% of estimated needs for ≥ 1 month	≤ 75% of estimated needs for ≥ 1 month	< 75% of estimated needs for ≥ 3 months	≤ 50% of estimated needs for ≥ 1 month
Weight Loss	1% to 2% in 1 week 5% in 1 month 7.5% in 3 months	>2% in 1 week >5% in 1 month >7.5% in 3 months	5% in 1 month 7.5% in 3 months 10% in 6 months 20% in 1 year	>5% in 1 month >7.5% in 3 months >10% in 6 months >20% in 1 year	5% in 1 month 7.5% in 3 months 10% in 6 months 20% in 1 year	>5% in 1 month >7.5% in 3 months >10% in 6 months >20% in 1 year
Body Fat Wasting	Mild	Moderate	Mild	Severe	Mild	Severe
Muscle Wasting	Mild	Moderate	Mild	Severe	Mild	Severe
Presence of Edema	Mild	Moderate to severe	Mild	Severe	Mild	Severe
Grip Strength	Not applicable	Measurably reduced	Not applicable	Measurably reduced	Not applicable	Measurably reduced