

**Table 4: Recommendations for Identifying and Treating Malnutrition<sup>9-11,21</sup>**

Screen all patients for nutrition risk (ideally, use the Mini Nutritional Assessment screening tool).  
If malnutrition risk is identified:

- Refer patient to a registered dietitian for comprehensive nutrition assessment and care plan development.
- Review diet restrictions and liberalize if possible.
- Refer patient to a social worker if finances, social isolation, or psychosocial factors contribute to malnutrition.
- Develop a list of available community resources that provide home-delivered meals, food vouchers, or food pantry.
- Determine availability of home-delivered meal programs offered by insurance providers.