

Table 1 **STEPS-Plus Med List Critique Tool**

<b>Accuracy</b>	Meds missing (eg, prescribed previously or by others)? All nonprescription meds including herbals and supplements included? Should pharmacy be consulted to determine what has been dispensed?
<b>Adherence</b>	Taking as directed? What is actually taken and how often? How often are doses missed?
<b>Indication</b>	Proven or likely diagnosis for each med? If yes, severe enough to warrant the med? Reason for a med not on the list?
<b>Safety</b>	Chance of serious harm? Number needed to harm? Black box? Renal adjustments needed? Patient aware of risks? Harm occurring now (eg, falls, organ toxicity)?
<b>Tolerance</b>	Chance of nonserious but significant quality-of-life harm? How much? Any current symptoms from a med?
<b>Efficacy</b>	Chance of benefit: number needed to treat? Percentage of patients who benefit? Patient-oriented significance: meaningful or just statistical significance (or not even that)? Magnitude of benefit: a “bang” or “whimper”? Actual response: Effective in this patient? Improvement when started? What if held? Prognosis: Will patient appreciate the benefit?
<b>Price</b>	Cost to the patient, facility, or community? Burden to patient? Other alternatives?
<b>Simplicity</b>	Easy to comply? Testing or monitoring necessary?
<b>Dose</b>	Current dose the most effective and least harmful? Too low for effect? Too high with more potential for adverse effects? Renal function considered? Response too much?
<b>Directions</b>	Frequency optimal? Take with food or on an empty stomach? Important precautions that should be communicated (eg, no driving, alcohol)? Indication for PRN meds clearly spelled out (and can patient know when this occurs)?
<b>Interactions</b>	Clinically significant interactions? Side effects cumulative? (eg, anticholinergic, sedation)
<b>Redundancy</b>	Two meds doing the same thing? More meds than necessary for a problem?
<b>Ownership</b>	Primary care physician identified and taking responsibility for full list management? Patient also taking responsibility (eg, keeping an up-to-date list, being cognizant of side effects, agreeing that meds are worth taking)? Informed consent?
<b>Conclusions</b>	What actions are warranted (eg, stop, start, modify, obtain more information, give better education, institute better shared decision-making, labs, problem list notation)?